



Index of Research Cited in ATLAS OF THE HEART

Atlas of the Heart is based on some two decades of research by Brené Brown. It was also aided by the research and thought leadership of countless others. This list is a compilation of the people and organizations who've left their imprint on *Atlas*.

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- Page number is listed for the first mention of a citation; page numbers are *not* shown for subsequent mentions of *the same work* within a chapter.
- Page numbers are shown in **bold** for the person who is the primary focus of a citation (e.g., lead/solo authors, podcast hosts/guests, creators of an artistic work, film/TV directors, lead singers/songwriters).
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